



Parenting With Purpose: A Positive Approach to Discipline

The goal of discipline is not simply obedience. Aside from providing direction, our goal as parents is to raise self-disciplined children who are capable of weighing consequences and making good decisions throughout their lives.

In this interactive course, parents will learn:

- **Strategies to affect positive behavior in their children without threats, humiliation, or physical punishment.**
- **Communication techniques to foster cooperation, diminish power struggles, and build a parent/child relationship based on mutual respect and trust.**
- **Tips about how to discover and nurture their children's inherent gifts, boosting confidence and self-awareness.**
- **Methods for creating a family atmosphere of respect, encouragement and concern for others.**

We must parent today, with a vision of the confident, responsible, and cooperative adults we want our children to become.

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